



Personal Development Offer

At the Rainbow Education Multi-Academy Trust, each and every child is a Rainbow Citizen. Our aim is to support each and every child to become responsible, social and active citizens and members of society. To support this, we ensure that our offer for Personal Development is a golden thread that runs through our curriculum and is woven into everyday life alongside providing children with opportunities that extend beyond the academic.

PSHE Curriculum and RSE

At Heygreen, the intent of the PSCHEe curriculum is to develop skills and attributes such as resilience, self-esteem, risk-management, team-working and critical thinking in the context of five core themes: families and people who care for me, caring friendships, respectful relationships, online relationships and being safe. Integrated into these five strands is a focus on preparing children for life in the wider community in modern Britain. We also have a focus on ensuring that children grow into positive relationships with a healthy understanding of their own body and their choices.

[Heygreen 2023-2024 PSHCE Contents Page](#)

We have a rigorous and in depth PSHE curriculum that is further strengthened by the following:

- PSHCE Curriculum [Website PSHCE Wider Curriculum Overview 2023-2024.pdf](#)

Additional Materials:

- Parent meetings around RSE and staff training
- RSE (including raising awareness around sexual harassment) – [Sex and Relationships Education Policy](#)
- Harmful Sexual Behaviour Training [Harmful sexual behaviour \(HSB\) or peer-on-peer sexual abuse | NSPCC Learning](#)
- Frequent PANTs sessions – [Talk PANTS & Join Pantosaurus – The Underwear Rule | NSPCC](#)
- Awareness Days – [Awareness Events 2023-2024](#)
- Safeguarding links embedded through curriculum – [PSHCE Safeguarding Overview](#)
- Wellbeing Weeks
- No Outsiders curriculum – [No Outsiders is an ethos](#)
- Anti-bullying ambassadors / Diana Award –
- NSPCC visits – [Speak out Stay safe | NSPCC](#)
- Bullybusters Visits – [Information on Bullybusters](#)
- Rock Kidz events – [Rock Kidz](#)
- Child on Child abuse staff training – [Child on Child Abuse](#)
- Child on Child Abuse – [Child on Child Abuse Prevention](#)
- Equality policies and objectives – [Equality Objectives](#)
- Local safeguarding concerns [Addressing Local Issues - Heygreen](#)

- Promotion of Healthy Eating [Beyond the Chartwells Kitchen - Brochure \(Schools\).pdf](#)
- Anti-Bullying - [Bully Busters](#)

British Values

At Heygreen, we develop and promote British Values throughout our school and within our curriculum. We ensure that children become valuable and fully rounded members of society who treat others with respect and leave school fully prepared for life in modern Britain. We develop British Values throughout the school on a daily basis, through conversations with pupils and linking teaching points to the five areas; Individual Liberty, Rule of Law, Mutual Respect, Tolerance and Democracy.

Rule of Law

At Heygreen, we strive to make educated and impactful citizens of the future. One way in which this is developed, is through an in depth understanding of the Rule of Law. Children are taught that living under the rule of law protects individual citizens and that it is essential for their well-being and safety. An important part of British values is the understanding that any society or community can only work well, and protect all its members, if there are rules which everyone is expected to follow.

In order to support our children's development in their understanding of the rule of law, we use the following.

- We have clear school rules and high expectations, with concise consequences and rewards, ensuring our children have an understanding of the importance of rules. - [REMAT Behaviour Blueprint](#)
- Pupil Leadership roles such as School Councillors and Monitors empower children to support others in following our school rules.
- Our PSICHE curriculum makes continuous links to the British Values, including Rule of Law (and how to use the Internet appropriately. For further information regarding our PSICHE curriculum, please [click here](#).
- We hold weekly assemblies in which we explore the different British Values and how they impact on our lives. To see an example of an assembly, please [click here](#).
- We develop children's understanding of rules outside of school, such as Road Safety, through Road Safety Workshops and Bikeability sessions.
- We also take part in the Cells Project. Cell's primary objective is to educate children and young people on the consequences of crime. To find out more about the Cell's Project, [click here](#).
- Pupils in Year 5 and 6 participate in annual Crucial Crew sessions which support children in making good choices

linked within their social activities and choices. [click here](#)

Democracy

At Heygreen, we strive to ensure that all children understand the power of their voice. Our children understand how citizens can influence decision making through the democratic process and are provided with the opportunity to work democratically throughout their school journey.

- Children are able to vote for their own class novels, games and other classroom activities, discussing the democratic process throughout.
- Children vote for school council after a democratic process. Children write their own manifestos and present these to the class and following this a vote is taken in their own ballot booths. The chosen children represent their class in a whole school council, taking views and ideas around the continued development of school.
- Every year, a representative group of pupils are sent to London to explore Parliament, take part in debates in the Houses of Parliament and develop their understanding of the democratic process in a real life situation.
- Our PSICHE curriculum makes continuous links to the British Values, including Democracy. For further information regarding our PSICHE curriculum, please [click here](#).
- We have termly British Values afternoons in which we look at each of the British Values in depth and identify how we can use these to help us be the best we can be.
- We hold weekly assemblies in which we explore the different British Values and how they impact on our lives. To see an example of an assembly, please [click here](#).
- We continuously seek out pupil voice to continue the development of our school.

Mutual Respect and Tolerance

At Heygreen, we promote Mutual Respect and Tolerance. We teach our children to show respect for each other, the ability to work together effectively and treat others how they want to be

treated. We achieve this in a variety of different ways:

- Our school rules, look after yourself, look after each other and look after our school, promotes mutual respect and tolerance to others.
- We hold weekly assemblies in which we explore the different British Values and how they impact on our lives. To see an example of an assembly, please [click here](#).
- We use Picture News resources to discuss and debate around current issues relating to different British Values. To see an example of Picture News, please [click here](#).
- During Picture News sessions, and the school day, we teach children the importance of debating with respect listening to the viewpoints of others.
- Our PSCHE curriculum makes continuous links to the British Values, including Mutual Respect and Tolerance. For further information regarding our PSCHE curriculum, please [click here](#).
- We promote the celebration of diversity for all pupils, including IDAHOBIT Day. To view our IDAHOBIT assembly, please [click here](#).
- Staff are trained in supporting diversity and in turn developing Mutual Respect and Tolerance. We have achieved the Student Voice and Pastoral Support areas of the Rainbow Flag Award.

Individual Liberty

Within school, pupils are actively encouraged to make choices, knowing that they are in a safe and supportive environment. As a school we educate and provide boundaries for all pupils to make choices safely, through provision of a safe environment and an empowering approach through the education. Pupils are encouraged to know, understand and exercise their rights and personal freedoms and are advised how to exercise these safely, for example through our E-Safety and PSHE lessons.

- We teach our pupils how their choices are important, through voting for school council, to developing their understanding about their choices in relationships in our RSE and PSCHE curriculum.
- Using our values of Wisdom and Trust, children are encouraged to trust in themselves and make their own choices, based on their own experiences
- We hold weekly assemblies in which we explore the different British Values and how they impact on our lives. To see an example of an assembly, please [click](#)

[here.](#)

- We use Picture News resources to discuss and debate around current issues relating to different British Values.
- We have a wide range of extra school activities that children are able to make a choice from. Alongside this, there are different lunch-clubs/activities that children can exercise their right to choose from.

SMSC

SMSC is an aspect of learning that is present throughout school and is evident in the children's learning and their behaviour. We have 5 school values which support the children in their understanding and application of SMSC - Trust, Wisdom, Friendship, Excellence and Endurance. These values are woven into everything that we do as a school and allow the children to reflect upon themselves and their own actions whilst dealing with moral challenges.

Social

Spiritual development of pupils is shown by their ability to be reflective about their own beliefs, religious or otherwise, that inform their perspective on life and their interest in and respect for different people's faiths, feelings and values. They demonstrate a sense of enjoyment and fascination when learning about themselves, others and the world around them. Spiritual development allows children to have a sense of imagination and creativity in their learning and supports them in their willingness to reflect on their own experiences.

Spiritual development is embedded throughout our curriculum, providing children the opportunities to explore the world and others around them in addition to imparting a love of learning. Our school vision of 'each and every child' demonstrates the importance of understanding the individuality and importance of every child and this is reflected in the children's attitudes towards themselves and others around them.

We further embed spiritual development through:

- Daily worship
- PSHCEe lessons – [PSHCEe Wider Curriculum Overview](#)
- Links with our local church - visits to St Mary's Church
- Celebration Assemblies including Mindset Hero and Values awards
- Characteristics of Effective Learning Assemblies in Early Years
- Positive behaviour approach (including phone calls home, visits to Leadership Team, postcards etc.)
- School Rules - Behaviour
- School Values - Values and Visions
- British Values Assemblies and discussions – [Assembly Example](#)
- Picture News Assemblies – [Picture News](#)

- Lunch Clubs such as Yoga/Mindfulness
- Zones of Regulation to identify feelings – [ZOR](#)
- Specific interventions to support empathy and understanding
- Restorative conversations
- RE planning - Development team
- Visits to places of worship for a variety of faiths
- Celebrations of different cultures/faiths in school (i.e EID)
- School of Sanctuary Award

Moral

Moral development of pupils is shown by their ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, recognising legal boundaries and in doing so, respect the civil and criminal law of England. Children understand the consequences of their behaviour and actions and show an interest in investigating and offering reasoned views about moral and ethical issues, demonstrating an ability to understand and appreciate the viewpoints of others on these issues.

We support our children in this journey in a variety of different ways:

- Our school rules - Behaviours
- British Values Assemblies and discussions throughout teaching – [Assembly Example](#)
- [Behaviour Blueprint](#)
- Picture News Assemblies and Discussions – [Picture News](#)
- PSCHEE Curriculum – [PSCHEE Wider Curriculum Overview](#)
- Classroom Expectations
- Zones of Regulation – [ZOR](#)
- Recognition Board
- Weekly/Daily Rewards
- Cell Visit – [Cells Project](#)
- Eco-Warriors PLT
- Class Charity

Social

Social development of pupils is shown by their range of social skills and their ability to adapt these when working and socialising with other pupils. They show a willingness to participate in a variety of communities and social settings, including volunteering, cooperating well with others and being able to resolve conflicts effectively. Social development provides children with an acceptance and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs; they develop and demonstrate skills and attitudes that allow them to fully participate and contribute positively

to life in modern Britain.

We support our children in their social development through:

- Zones of Regulation helping children to regulate in conflicting circumstances – [ZOR](#)
- Rainbow Flag Award and teaching diversity – [IDAHOBIT Assembly](#)
- After-School Clubs
- Breakfast Club/Positive Start Club
- Lunch-time club
- Reading curriculum – [WCR Spine](#)
- Trips (Residential)
- Anti-Bullying posters and ambassadors – [Anti-Bullying](#)
- Interventions (Lego Therapy, Evolve)
- Playground Pals

Cultural

Cultural development of pupils is shown by their understanding and appreciation of the wide range of cultural influences that have shaped their own heritage and those of others. Children understand and appreciate the range of different cultures within school and further afield as an essential element of their preparation for life in modern Britain. Children have a good understanding of Britain's democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain. Children demonstrate a willingness to participate in and respond positively to artistic, musical, sporting and cultural opportunities. They have an interest in exploring, improving understanding of and showing respect for different faiths and cultural diversity, showing tolerance, positive attitudes and a celebration towards different religious, ethnic and socio-economic groups in the local, national and global communities.

This is developed in several ways throughout school life:

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socio-economic groups in the local, national and global communities.

This is developed in several ways throughout school life:

- School trips and visitors
- Rainbow Flag Award and teaching diversity –
- Democracy throughout school (School Council, Whole School/Class Votes)
- Wider links with community - Fare Share
- Celebrations of school community's backgrounds
- Clubs and enrichment

Internet Safety

At the Rainbow Trust, we recognise the importance of educating our children around internet safety, providing them with the skills and tools to live in a technological world safely. We work with staff, pupils and parents/carers to create a school community which values the use of new technologies to enhance learning, encourages the responsible use of technology and social media, following agreed policies to minimise potential e-safety risks.

To ensure that we provide children with the skills to keep themselves safe online, we utilise:

- Kiddle for safe searching – [Kiddle](#)
- E-safety lessons
- Internet safety day
- PSCHEe curriculum – [PSHCEe Wider Curriculum Overview](#)
- Use of iPads in Y5/6
- Internet firewall
- E-safety workshops/updates for parents – [Ten Top Tips](#) , [Parent Workshop](#) , [Online Safety Video](#)
- Home school online safety agreement

We recognise the importance of enrichment for our children; it provides them with a rounded, culturally rich education. Rainbow Citizens are given opportunities to try new and varied activities that enhance their learning, developing character, resilience and motivation, encouraging them to pursue wider goals. We teach life skills that benefit children beyond the classroom, developing an appreciation for cultural and community issues, teamwork and social responsibility.

This is embedded through:

- Residential for all children in Years 5 and 6
- School Trips (museums/theatre in addition to curriculum visits)

Enrichment

- A wide variety of After School Clubs (Rainbow Graduation)
- Celebration Weeks (anti-bullying, neuro-diversity, mental health awareness etc)
- Celebration Days (i.e World Book Day)
- Sporting tournaments
- Expert PE and Music Teachers
- Career Week
- Litter Picking
- Class charities
- Parliament Trip
- Bikeability

In addition, we support our parents/carers to understand the importance of enriching their child's lives and different ways in which they can do this via:

- Homework projects
- Rainbow Passport
- Parent Workshops
- Nurture Group

Pastoral support

At the Rainbow Trust we recognise the importance of pastoral support, the provision that a school makes to ensure the physical and emotional welfare of the pupils. We understand that it is the essential foundation upon which learning can take place. We are an attachment and trauma informed school and base our approaches to all pupils on an individual basis, ensuring that we meet the needs of each and every child.

In order to ensure this, we have:

- Family Engagement Support Officer
- Child Welfare Support Officer
- Trust Led Interventions (group/1:1)
- Lego Therapy
- Sensory circuits
- Seedlings
- Zones of Regulation – [ZOR](#)
- Behaviour Policy
- Attachment and Trauma trained staff – Silver Award
- Lunch-time club
- Gym equipment available
- Mental Health School's Team –
- Positive Start Club for vulnerable pupils coming into school
- Mindfulness
- Rainbow Flag Award
- Team around the Child

- Celebration Days/Weeks

We have been recognised for the outstanding pastoral care we provide all pupils, supporting the children in their understanding of their own feelings and emotions, and have been awarded with the School of Sanctuary Award and the Silver Level Attachment and Trauma Award. We are currently applying for the Gold Level.

Character and Resilience

Through resilience and character building, we can teach children good communication and problem-solving skills, healthy coping skills and a deeper understanding of themselves and their own emotions. All of these further support good mental well-being and health and allow our Rainbow Citizens to achieve their full potential. They leave our school as well-rounded, confident, happy and resilient individuals ready to enter the further stages of education and life and become active and responsible members of society.

We support our children's character and resilience building through:

- Careers Week
- School Tournaments (internal and external)
- After School Clubs
- Residential trips Years 5 and 6
- Performance opportunities Christmas, Class assemblies, Music, End of year, Leavers assembly
- High quality foundation subjects
- Pupil Leadership Teams
- Talents outside of school celebrated
- Attachment and Trauma Informed Staff Practice – Silver Award
- Parliament Trip
- Y4/5 First Aiders
- English Speaking Board Assessments/ ESOL